

Baggage Shipping (for ICU Students)

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1. Airline Baggage Allowance

The limit of the baggage you can take with you is determined by each carrier, and it varies depending on the class and destination you are traveling to as well as weight and size of the luggage. Please check with your airline company in advance.

2. Sending your suitcases to Narita or Haneda airport

You can send your luggage to the airport that you are departing from by bringing your suitcases to the nearest convenience store/post office or by contacting the following courier companies for pick-up service. Most delivery services require your suitcases approx. 2 days prior to your departure. Please double check when booking. The companies can hold your luggage at the airport for a maximum of 7 days. Please confirm this in advance.

If you live on ICU campus, the easiest way is to bring your suitcases to ICU on-campus post office during their business hours. ICU post office is open M-F 9-5, except national holidays. Since you will need to fill out a form and provide various information including flight information, please visit them at least 1 hour before their closing time. The Post office seems to be one of the cheaper options, but has a weight limit of 30kg per piece. If your luggage is over the limit you will need to use a courier service or choose to send some things as unaccompanied baggage. Please note, the process of packing and sending your bags usually takes longer than your estimate, so please plan accordingly. Don't leave it to the last minute!

<Luggage shipping to a domestic airport from convenience stores>

Kuko Takkyubin by Yamato Transport: 7-11, Family Mart, Circle K, Sunkus, Three F, Daily Yamazaki, etc.

Kuko Yu-pack by Japan Post: Lawson, Ministop, etc.

<Pick-up service available>

[JALABC](#): Toll free: 0120-919-120 / from cell: 03-3545-1131 (M-F: 9-6 Sat/Sun/Pub. Hol:9-5)

[Yamato Transport \(Kuko Takkyubin\)](#): Toll free 0120-17-9625 / from cell: 03-6757-1061 (Yearround: 9-6)

[Post Office \(Kuko Yu-pack\)](#): Toll free: 0120-2328-86 / from cell: 057-0046-666 English: 0570-046-111 (M-F:8-9 Sat/Sun/Pub. Hol. 9-9)

3. Unaccompanied Baggage

Personal belongings that you send to the United States separately are called unaccompanied baggage. Choose the method (via mail, sea, or air), which suits you best. Since much will depend on the size, weight and content of what you will send, contact the following couriers for details about baggage and shipping:

(a) Via [Post Office](#)

Practical Guide for International Students – information on all postal methods, and point and speak guides:

http://www.post.japanpost.jp/int/ems/ryugaku/intl_student/index_en.html

This is probably the best way to send your personal belongings to the U.S. if you do not have a large quantity to send. Pack the things you want to send in a cardboard box, and take the open box to the post office. Books and magazines can be sent as printed matter. Wrap books and other printed matter separately. Mail will be delivered to your address in the United States. Shipping types for international mail (incl. approx. delivery time):

Express Mail Service (EMS): Top priority International mail service. EMS packages are delivered within approximately 2-4 days to addressees all over the world. Depending on the size and weight, the rate may be cheaper than airmail.

Airmail: Fees are relatively high since packages are sent by air. Delivery is made within approximately 3-6 days.

Economy Air (SAL): This is a service where international mail is handled as surface mail in both Japan and the destination country and as airmail between the two countries. The service is faster than surface mail and cheaper than airmail.

Surface Mail: Sent as surface mail. The rates are reasonable but delivery takes 1-3 months
(to the U.S.).

Note: Surface mail is likely to be handled roughly and sometimes might arrive damaged.

Please DO keep all paperwork when sending your packages. This is important if your package goes missing and needs to be located.

You can [check rates and number of delivery days](#) by entering the destination, the type of article and the weight.

(b) Via Courier Companies

Small suitcases can be sent via courier services such as Federal Express, DHL, and Yamato. Charges vary by company and individual conditions. Please contact the companies directly regarding your circumstances.

[FedEx Japan](#): Toll free: 0120-003200 / from cell: 043-298-1919 (M-F: 8:30-7:00 Sat: 8:30-5:30 Sun & Pub. Hol.: No service)

[DHL](#): Toll free: 0120-39-2580 (incl. cell phones) (M-Th: 8-7 F: 8-8 Sat & Hols: 8:30-2)

[Yamato Transport \(International Delivery\)](#): Toll free 0120-17-9625 / from cell: 03-6757-1061 (year round: 9-6)